

## Mornings with Mark Levy Show Clocks

### Monday to Friday 0900 to 1200

0900 to 1000	Command	Description – Satellite Channel 102
:07:00	-	Show starts on theme
:15:00	1	LOCAL 3:20 Commercial Break Window
:25:00	1	LOCAL 3:40 Commercial Break Window
:40:00	1	LOCAL 3:20 Commercial Break Window
:50:00	1	LOCAL 3:40 Commercial Break Window
:59:50	4	LOCAL 0:05 News Credit
<b>1000 to 1200</b>		
:00:00	-	LOCAL News Theme Window
<b>:00:07</b>	-	<b>News – refer to separate News Schedule for relevant commands</b>
:07:00	-	Show resumes on theme
:15:00	1	LOCAL 3:20 Commercial Break Window
:25:00	1	LOCAL 3:40 Commercial Break Window
:40:00	1	LOCAL 3:20 Commercial Break Window
:50:00	1	LOCAL 3:40 Commercial Break Window
:59:50	4	LOCAL 0:05 News Credit

We recommend scheduling one additional break in each hour; reset breaks at top of hour.