

Saturday Nights with Simon Owens Clocks

Saturday 1800 to 2200 – EST or EDT when applicable

Available outside the NRL Season

1800 to 2200	Command	Description – Satellite Channel 102, 104 & 106
:00:00	-	LOCAL News Theme Window
:00:07	-	News – refer to separate News Schedule
:07:00	-	Show starts/resumes on theme
:15:00	1	LOCAL 3:10 Commercial Break Window
:30:00	1	LOCAL 3:10 Commercial Break Window
:45:00	1	LOCAL 3:10 Commercial Break Window
:59:50	4	LOCAL 0:05 News Credit

We recommend scheduling one additional break in each hour; reset breaks at top of hour.